Roasted Conger Eel

Specification:

SIZE	PACK	ORIGIN	STORAGE INSTRUCTION
5g – 8g per piece	0.5Kg – 1Kg (customizable)	China	Keep frozen at or below -18°C. Once thawed, do not re-freeze.

Cooking Method:



Microwave

remove from packaging and place on microwave-safe plate. Microwave on High for 2-3 minutes until roasted eel is heated through.

Oven Grill:

Preheat oven to grill function. Remove from packaging and carefully wrap the roasted eel in foil, grill the roasted eel for 10-15 minutes or until heated through.

Cooking appliance temperature and power may vary. Adjust temperature and heating time accordingly.

Ingredient:

Conger,sugar,soy sauce,mirin

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