ROASTED MACKEREL FILLET

Specification:

size	PACK	ORIGIN	STORAGE	Minimum order
100g-150g for each piece	6kg, or according to customer requirements	Norway Ireland Iceland	At or below -18℃	1*20fcl

Cooking Method:

1. Microwave the thawed mackerel for a few minutes
2. Put the mackerel on a plate, then cut a few slices of lemon and set aside.Before eating squeeze on the lemon juice, to the fishy flavor more fragrant.



Ingredient:

Mackerel, salt



