ManDa Food

Tianjin Manda Food Science and Technology Co., Ltd

Manda Food Red Beans only use new seasonal products, so the grains are more plump and shiny.Red beans have more dietary fiber, with good blood pressure, blood fat, fitness and weight loss. Red beans also contain a variety of inorganic salts and trace elements.

Specification

- Name：Runner Beans
- Max.Moisture (%)：<2%
- Cultivation Type: Organic

Consumption of scene

Steamed with rice

Congee

Pastry ingredients

Soup with meat

Function value





- Function 1：Red beans are rich in iron, with the effect of tonifying blood, promoting blood circulation, increasing physical strength and enhancing resistance, is the ideal food for anemia. The anaemic patient that dare not eat pig liver can eat red bean to replenish blood. Drink red bean soup to replenish the blood effect is excellent.
- Function 2：The lack of potassium in the body will cause the decrease of sugar content, which makes it difficult to control blood sugar. As a typical high-potassium food, red beans can help diabetic patients better control blood sugar.
- Function 3：Red beans contains more dietary fiber, have good embellish bowel purge, fall blood pressure, fall blood fat, adjust the effect of blood sugar.

Typical Physical Properties

Colour	Red
Product Type	Kidney Beans
Style	Dried

Typical Nutritional Analysis

The amount of trace elements per 100 grams of runner beans

	Per 100g
Zn	3.65mg/g
Fat	0.8mg/g
P	386mg/g
Ka	860mg/g
Mg	50mg/g
Fe	45mg/g
Ca	76mg/g
Na	2.2mg/g

Wonderful anthocyanins

Eat more carefree



Red beans have not only good edible value, but also good medicinal value.

Red beans can stimulate intestinal tract, because this can give up wine, detoxification, beneficial to heart disease and kidney disease, oedema.

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Natural maturity cracking



Good quality · Visible

Clean and free of impurities
Contain a variety of nutrients

Choose lustrous, full form (dark and dull color, dry may be placed for a long time), moth-free is good.

Falling in love with grain is all organic !

Pollution-free farm supply,natural organic nutrition.

The sunshine long

Annual sunshine hours:
2850-2950 hours.

Moisture

Annual precipitation:
450-580ml.

Good soil

The land is flat and the soil is fertile, suitable for the growth of food crops and cash crops.

Temperature

Annual average temperature:
5.4°-8.7°, suitable for red bean growth.

Wild quality

Fearless details

What you see is what you get

There is no bleaching

There is no preservatives

Refused to add

Reject faulty goods

Natural health

The unique geographical advantages give high quality: suitable temperature conditions and a long growing period for the growth of crops and the variety of grain, with sufficient riv-er water irrigation, no industrial pollution,

At the same time, the traditional farming technology is used to plant, fully retaining its nutritional composition and edible value.No chemical fertilizer, no pesticide spraying. From the field to your kitchen table, hand-picked and carefully selected.



Warm prompt

Preservation method: 5-25 degrees, should be sealed storage, above 25 refrigerated storage.

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