ManDa Food

Tianjin Manda Food Science and Technology Co., Ltd

Red kidney bean is a kind of whole grain and red bean.It is rich in protein, a variety of amino acids and minerals, with large granules and bright color. It also has nutritional medicinal value, healthy nutrition and prolongs life. It has always been a best seller in the international trade market.

Specification

- Product Type：Kidney Beans
- Moisture (%)：<16%
- Drying Process: Dry by sunshine

Consumption of scene

Steamed with rice

Congee

Pastry ingredients

Soup with meat

Function value





- Function 1： The dietary fiber in red kidney beans allows food to pass through the intestines more quickly. For slimming personage, this is a food that reduces weight most effectively.
- Function 2： Contains trace elements of potassium and magnesium, they can nourish the heart muscle, enhance the systolic function of the heart, but also can prevent heart function reduction and myocardial infarction and other diseases appear.
- Function 3: Contains phospholipid after being absorbed by the human body, can promote hair regeneration.
- Function 4: Red kidney beans contain a large number of minerals, which can keep the body's vital energy and blood in a healthy state.

Typical Physical Properties

Colour :	Red
Cultivation Type :	Common
Packaging :	25kg per bag or as buyer required

Typical Nutritional Analysis

The amount of trace elements per 100 grams of red kidney beans

	Per 100g
Zn	0.44mg/g
Mn	15mg/g
P	38mg/g
Ka	194mg/g
Mg	23mg/g
Fe	0.9mg/g
Ca	19mg/g
Na	243mg/g

Wonderful anthocyanins

Eat more carefree



Red kidney beans have large granules and bright color, which can prolong life.

Kidney beans are a nutrient-rich food, but they contain a toxic protein that must be exposed to high temperatures to be destroyed, so they must be cooked thoroughly to remove their toxicity and maximize their nutritional benefits,

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Natural maturity cracking



Good quality · Visible

Clean and free of impurities
Contain a variety of nutrients

Choose lustrous, full form (dark and dull color, dry may be placed for a long time), moth-free is good.

Falling in love with grain is all organic !

Pollution-free farm supply,natural organic nutrition.

The sunshine long

The four seasons are distinct and the sunshine is sufficient. It is the high value area of the total sunshine hours.

Rainfall

Average annual rainfall: 2354 ml, providing a warm and moist environment for the growth.

Good soil

Sand soil planting, loose soil, deep soil layer.

Temperature

Annual average temperature about 22 °, suitable for the accumulation of nutrients in red kidney bean.

Wild quality

Fearless details

What you see is what you get

There is no bleaching

There is no preservatives

Refused to add

Reject faulty goods

Natural health

The unique geographical advantages give high quality: suitable temperature conditions and a long growing period for the growth of crops and the variety of grain, with sufficient riv-er water irrigation, no industrial pollution,

At the same time, the traditional farming technology is used to plant, fully retaining its nutritional composition and edible value.No chemical fertilizer, no pesticide spraying. From the field to your kitchen table, hand-picked and carefully selected.



Warm prompt

Keep in a cool and dry place sealed, avoid high temperature and humidity.
Red kidney beans are hard and do not spoil easily. Soak them for more than 3 hours before cooking.

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