ManDa Food

Tianjin Manda Food Science and Technology Co., Ltd

Runner bean is a type of kidney bean, so named because it resembles a small purse in shape and pattern. It is beautiful in appearance, not only has good ornamental value, but also can be made into delicious dishes. The dried beans are soaked in water and then fried and stewed with meat.

Specification

- Name：Runner Beans
- Max.Moisture (%)：<15%
- Cultivation Type: Common
- Product Type：Kidney Beans

Consumption of scene

Stir-fry ingredients

Congee

Steamed with rice

Soup with meat

Function value





- Function 1：Lotus bean should not contain rich plant protein, it also contains some natural phospholipids, these substances are absorbed by the human body, can improve human brain function, promote the regeneration of brain cells, can promote intellectual development at the same time, improve human memory. Middle-aged crowd eats a few more and edamame, still can prevent senile dementia happens.
- Function 2：Lotus bean is also a kind of bean ingredients that can tonify kidney and strengthen waist. It can improve kidney function and accelerate the metabolism of excess water in human body. It has a good prevention and relief effect on numbness of limbs or waist and knee pain caused by kidney deficiency.
- Function 3: also has a very good role in blood nourishment, and a good anti-aging effect.

Typical Physical Properties

Colour :	Red and white
Size :	5.5mm+
Packaging :	Bulk or Customized

Typical Nutritional Analysis

The amount of trace elements per 100 grams of runner beans

	Per 100g
Zn	3.65mg/g
Cu	0.17mg/g
P	140mg/g
Ka	440mg/g
Mg	50mg/g
Fe	1.6mg/g
Ca	28mg/g
Na	1mg/g

Wonderful anthocyanins

Eat more carefree



Also known as emperor beans, longevity beans, long-term consumption has the and strengthening the body and doubling the strength.

Runner beans contain a lot of vitamins and minerals. They are also a kind of food with high starch and protein content. Most importantly, they are fat-free and are a good health food.

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Natural maturity cracking



Good quality · Visible

Clean and free of impurities
Contain a variety of nutrients

Fresh runner bean color is lighter, the germ pale yellow or yellow-green, smooth skin, good quality grain full of beans.

Falling in love with grain is all organic !

Pollution-free farm supply,natural organic nutrition.

The sunshine long

The area of 500~650m was selected for planting the flower bean, long exposure time.

Moisture

Ensure adequate water during the growth process.

Good soil

Choose thicker soil layer, good drainage, light salt and alkali. Autumn irrigation, land preparation to reach the six-character standard

Temperature

Runner bean has very strict requirements on temperature and strictly controls the temperature between 16℃ and 35℃.

Wild quality

Fearless details

What you see is what you get

- There is no bleaching
- There is no preservatives
- Refused to add
- Reject faulty goods

Natural health

The unique geographical advantages give high quality: suitable temperature conditions and a long growing period for the growth of crops and the variety of grain, with sufficient riv-er water irrigation, no industrial pollution,

At the same time, the traditional farming technology is used to plant, fully retaining its nutritional composition and edible value.No chemical fertilizer, no pesticide spraying. The growth period is usually about 90-100 days. After ripening, multi-layer screening, full granules.





Warm prompt

Preservation method: 5-25 degrees, should be sealed storage, above 25 refrigerated storage.

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